

**THIS WEEK FOR YOU**

9TH JAN TO 15TH JAN 2022

**ARIES:** Individuals can expect the average and steady time ahead. But, you may have certain disturbances. However, you can overcome them and be peaceful and joyful within yourself. In terms of finances, the week ahead is not a very promising one. However, you can experience stability in your finances. Your past savings would be in tact this week. Also, there could be minor expenses. You are likely to pack your bags and go for traveling, which is something you have been expecting to do for some time. You are likely to purchase a new vehicle. Students and job professionals may get satisfactory results.

**TAURUS:** Individuals with the Taurus Zodiac Sign are likely to have a better week as far as finances are concerned. However, on the health front, you are advised to practice caution and do not get reckless. Overall the week is likely to be a mix of high points and low ones. Most of the natives of the Taurus Zodiac are likely to have a financially uplifted week ahead. However, your Father is expected to have certain financial troubles, especially in the first half of the week. The situation is likely to get challenging. On the health front, a near relative of yours might suffer a serious condition.

**GEMINI:** Individuals born under the Gemini Zodiac Sign may have an enjoyable week ahead. Overall it is a good week for you. Staying positive and being practical this week is likely to bring about many benefits. The week might go average, but yet you remain at your ease this week. Hence it is one of the smooth weeks of the year. You might get into an argument with your seniors, and therefore, you are strongly advised against it. Legal matters might worry you this week. However, do not get entangled in it. Saturn and Sun are giving you a clue to manage all the issues smoothly this week, so you may handle the extra responsibilities.

**CANCER:** The natives of the Cancer sign may indulge in small fights with their spouse. Other than that, the week might be smooth ahead. Take care of your health. This week can bring about some discord between couples. Both of you could experience some problems relating to understanding one another. Once you sort out your communication with each other, things may start getting smooth again. Such minor differences may not harm your relationship. However, you have to pay attention to the needs of your spouse this week. Keep aside all the disagreements and all the personality clashes this week. Be polite and respond from the perspective of understanding the other person. As far as career is concerned, this area of your life is expected to be quite progressive.

**LEO:** For the natives of the Leo, this week is likely to be somewhat challenging. However, you are advised to stay firm in your resolve and do not get carried away here and there. This might not be a very exciting week. This week you are advised to spend maximum time with your spouse. They might demand your attention. So, make them happy with your care and your efforts. Especially the ones who are married might feel stuck. The young natives in the family are advised to keep away from any trouble. Taking unnecessary stress is only going to bother you. Since you are under a lot of pressure this week, you may not be able to manage all your relationships as efficiently as you would want to. You might feel that you are going through a certain storm. You are advised to remain positive and confident. Your family members might have certain complaints against you this week.

**VIRGO:** For the natives of the Virgo Zodiac sign, this week might bring about certain difficult situations. However, along with it comes an abundance of opportunities for you to improve your financial standing. This week might pose certain stiff challenges, especially in your work during the beginning of the week. But because something new might be coming up, you are likely to remain confused for a while. Once you gain clarity, there won't be any task that would be difficult. Gradually you are going to experience better control over all the situations. This week may pose certain long-pending questions. You need to make vital decisions when it comes to your work. This week is likely to come with positivity and gains. Financial advancement is very much on the cards.

**LIBRA:** For Libra natives, this week is expected to be good in terms of work and finance. But, there could be some unexpected competition around. The week is likely to begin on a positive note. Especially in the domain of your business or profession, this week may go quite well. However, there are chances of facing increased competition. You could face resistance from a certain section of the people you know. Especially for the natives who are into business, the week might be tough because you might face certain resistance from your associates. Important projects might get delayed due to such issues. On the financial front, this week may bring excellent opportunities. This can give you a major boost to your motivation.

**SCORPIO:** For the natives of the Scorpio sign, this week, you may see high and lows. However, you should practice caution and move carefully. Try not to complain this week. The beginning of the week is expected to be quite vibrant. You might feel elevated and powerful this week. However, you may not be able to control your emotions. Students, adults and natives are expected to do quite well in their field, especially at the beginning of the week. The weekend might be somewhat slow for you. You are likely to feel dull and wasted. You might be unhappy with the way life is turning out. Such thoughts might bother you. You are advised against being careless. This may put you in a disadvantageous position. You should remain serious when it's about your work. Students may lose their focus.

**SAGITTARIUS:** The natives of the Sagittarius sign are expected to feel quite motivated this week. However, overall a mixed week is in sight. There would be excitement along the way. You may go far away from your family this week. This would be something new experience for you. However, this can make you more confident and driven. So take it in your stride and use it for your advancements. The week is expected to be mixed for the natives. For some natives, the week might offer achievements to you as per your efforts, and things might go as per your elaborate plans.

**CAPRICORN:** Natives with the Capricorn zodiac sign, the week is expected to go well. Personal relationships are likely to usher this week. You are also likely to get passionately romantic towards your partner. Your partner is also likely to be quite attracted to you. You might get similar reciprocity this week. Especially the natives who are married might enjoy a very fruitful week ahead. You may enjoy all the fun and banter with your partner. The week brings along with itself an abundance of joy in your life. Your personal relationship is likely to usher this week. You would be proud of your partner this week. Your partner would share the same enthusiasm for you. You both mutually care for each other and respect each other a lot. However, your children need to be careful this week as it is quite an accident-prone week for them. Hence, you are advised to be quite cautious with your child.

**AQUARIUS:** Aquarius individuals may develop an optimistic approach this week. This week brings in more optimism in your life through mindfulness and meditation. Female natives are expected to have a very fulfilling and positive week ahead. The optimism flows in from your frame of mind, which is quite related. The more centred you become, the easier life gets for you. You may hold on to these good thoughts for a smooth week ahead. Your mind and body need some extra motivation and vital energy this week. The married women can have an enriching week ahead. Those of you who want to become mothers are likely to have your wish fulfilled this week. You and your partner can be in an elevated state of mind through some good news. A visit to the doctor might bring in more happiness and joy in your family. A new dimension of life is opening up for you. The new essence that you are experiencing is likely to stay with you for long. Hence be prepared to be at your best.

**PISCES:** Pisces natives may receive sudden relationship proposals this week. The married natives may require attention to their actions and words. There may be some communication-related issues with your spouse. The natives can assure you of the facts that this week can get demanding, especially in your relationships. The married couples are advised to be careful with each other. Any miscommunication can play havoc in your relationship. The natives who are looking for love this week may prove to be quite happening. Keep socializing and expanding your reach. This week communication may be in the forefront. Travelling, relationships, and commitments are the areas that might need your focus. You may require an efficient approach. You may take the practical road, and you would be at ease. You would accrue the desired results this week. Your personal life might also benefit through the positive approach.

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**PERSONALITY**

**"I am happy to become a voice for Cancer patients"**

Recently an award-winning short film titled *Mujhe Farak Padta Hai* became a voice of thousands of homemakers not specifically for those who suffered from cancer but also for those who fight for themselves and their independence creating a difference in society.

Breast cancer is on the rise in India and sadly women report symptoms late, making treatment long and costly with increased suffering. Indian Cancer Society organized a video-making competition in association with Avon India with an objective to create awareness.

Directive Arts, Delhi's leading film production house took the initiative and produced this film called *Mujhe Farak Padta Hai* under the direction of **Angad Yagnik**.

In a conversation with *Daily Excelsior* Correspondent he shares his experiences of film making and need for such a film.



Dr Geeta Kadyapath and Angad Yagnik

**EXCERPTS:**

**Q How was the title of this film selected?**

A. "Mujhe Farak Padta Hai" is a cancer awareness film and the title was selected once the story was written.

Dr. Geeta Kadyapath (breast oncologist surgeon at max hospital Vaishali) wrote these real situations which she experienced in her day-to-day OPD.

She has shared real-life experiences of what these cancer fighters are actually going through socially and personally. After converting these situations into screenplay this strong title comes up *Mujhe Farak Padta hai*. Script has 5 different situations (storyline) with its introductory poem. Every character in the story is dealing with different stages of cancer and family situations. The film starts with a poem explaining the hardship and suffering of women who deal with their family/social stigma.

Within a short span of time of 2 weeks, with the assistance of cancer survivors and non-actors, this film was made and won the 1st prize.

Later Team Directive arts were felicitated on the last day of the event at Natcon's biggest online platform for medical students at Pullman hotel, Delhi. With everyone's effort and belief, this became successful.

**Q What made you take this subject?**

A. I always wanted to make films that can create a difference in society and create awareness. I met Dr. Geeta Kadyapath in 2015 with the idea of making a short ad film on breast cancer and since then I was associated with her and other doctors in making such short films like this.

Recently Indian cancer society organized a short film competition on cancer awareness for October month. We discussed with Dr. Geeta and she suggested taking up the story from a different perspective. Most of the ladies suffer and deal with their family/social stigma.

I am happy to make a film on such unspoken issues and become a voice for them.

**Q Do you have experience in making such movies?**

A. As I said earlier, I am associated with the healthcare industry for 5 years. I do have experience in making such films. "Mujhe Farak Padta Hai" is one of the unique films of all because of the treatment and energy it carries.

**Q Where is the film available?**

A. You can easily find this film on DirectiveArts social platform i.e YouTube, Vimeo, Facebook, Instagram. You can also check Dr. Geeta's youtube channel.

**Q Any other project in hand right now?**

A. My upcoming project will be on Make in India skill development, right now it is on the R&D stage but sooner this subject will turn into a bigger project.

**Q What is the USP that made it the best film?**

A. "Mujhe Farak Padta Hai" in itself becomes its USP. Its unique and catchy title will make everyone watch this film once.

The treatment, dialogues, acting, choreography, etc made this film unique. Actors in this film are real cancer fighters and non-professional actors. They put their heart and soul in it and made each character so lively.

I feel when everyone's hard work and energy were put in the right direction and brought out the message we were trying to convey and made the craft in itself unique.

**Q Do you think that it would help in creating awareness about breast cancer in women?**

A. I can't say how much this would have impacted everyone's mind but I am happy that we successfully brought out the problems of those women who suffer within themselves because of the dominating society around them.

**Scholarship Alert**

Scholarship Name 1:	JN Tata Endowment Loan Scholarship 2022-23
Description:	The J N Tata Endowment invites loan scholarship applications from Indians who wish to pursue higher studies abroad. Candidates who are selected for the loan scholarship may be recommended for a partial 'Travel Grant' and a 'Gift Award' - which is linked to their academic performance in their overseas studies for which they have received the J N Tata Endowment loan scholarship.
Eligibility:	Candidates should be Indians, not older than 45 years as on 30th June, 2022 and have completed at least one undergraduate degree OR who are in the final year of any undergraduate programme at a recognised university/ college/ institution in India.
	Candidates who are at the end of the 1st year and entering into the second year of their overseas studies (Fall 2022 - Spring 2023) are also eligible to apply. This is applicable only if the minimum duration of the course is 2 years and there is at least one full academic year remaining to complete at the time of award of the loan scholarship, normally by July of any calendar year.
	Candidates must have scored at least 60% marks on average in their undergraduate or postgraduate studies.
	The course to which candidates are admitted must be recognised as a Graduate Program (post-graduate in Indian terminology).
Prizes & Rewards:	Loan scholarship up to INR 10 lakh
Last Date to Apply:	21-03-2022
Application mode:	Online applications only
Short Url:	www.b4s.in/excelsior/JNT1
Scholarship Name 2:	COVID Crisis (Jyoti Prakash) Support Scholarship Program 2021
Description:	COVID Crisis (Jyoti Prakash) Support Scholarship program aims to support children who are left vulnerable and with very little or no financial support for their further education owing to a COVID-led crisis in their family.
Eligibility:	The scholarship is open for Indian students from Class 1 to Graduation. Those who have been through any of the following crisis situation - loss of parent(s)/earning family member since January 2020 or loss of job/employment of an earning family member, can apply.
Prizes & Rewards:	Up to INR 30,000 per year and mentorship benefits
Last Date to Apply:	31-01-2022
Application mode:	Online applications only
Short Url:	www.b4s.in/excelsior/CCSP1
Scholarship Name 3:	Kriti Fellowship 2021
Description:	Kriti Fellowship 2021 is an initiative of The Hyphen in association with WeCare and Discovery Village to provide opportunities to young artists to create art for bringing meaningful change in the society. Under this fellowship, 25 young artists under the age of 30 will be provided with mentorship, a grant of INR 1 lakh each and an opportunity to be a part of a museum-making.
Eligibility:	Open for Indian individual artists under the age of 30.
Prizes & Rewards:	Grant of INR 1 lakh and mentorship benefits
Last Date to Apply:	31-01-2022
Application mode:	Online applications only
Short Url:	www.b4s.in/excelsior/KRF1

**INNER VOICE**

**DOCTOR**

Doctor! What is a Doctor?  
Brother, sister, father or mother;  
I think above all these  
With their love they make patient pleased;  
They really are Almighty's best creation  
Remain ever ready to serve the Nation,  
Almighty might have put some magic in them  
Caring tongue affectionate eyes you find in them;  
Having motivational power with healing hands  
Charming personality with positive attitudes;  
They belong to the Religion of Humanity  
Heal the patients make them to live honestly;  
Oh Doctor! You really are so wonderful  
Treat the patients and make them hopeful  
Yasmeen Salutes the Doctor's duties  
The real humans with pure natural beauties;

Yasmeen Ahad

**ADORNED**

Climbing a mountain seems a tall order,  
grabbing my spectacles makes it easier,  
As I don them, clear is the border  
without them it feels like world without colour.  
Great craft is made with scissors by an artists,  
cutting paper, a masterpiece is born,  
Removing my unwanted parts, makes me the best,  
Because only with art can I be adorned.  
Everybody misunderstands the tough stone,  
Thinking it a weapon, they all reject,  
But who knows it may be someone's bone,  
It may not hurt but only protect!  
I am happy that my sister is my right hand,  
So it feels that I am living in a Wonderland

Namisha Chadha  
VII-A

Presentation Convent Sr. Sec. School

**STRANGE**

Here is pleasure, there is pain;  
One day sunshine, other day rain.  
One gets success, other faces failure;  
One laughs louder, others well down tear.  
Some are stout, others weak;  
One man arrogant, other is meek.  
One tops in merit, others go down;  
One man smiles, others frown.  
Here is winter, there is spring;  
One man mourns, others sing.  
One man possesses a hut, and other a mansion;  
Some are rejoicing, some have tension.  
Some are rich, others poor;  
Some have sober mind, others sour.  
People are strange, listen oh koul!  
Every man plays different role.

Ashok Koul Ratanpuri

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**CIPHER DECIPHER**

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Hi Friends! We are back with your favourite column for the week. Please have a look at OUR MESSAGE before you send in your message to us.

- To all from Sudershan Puri: "How wonderful it is that nobody need wait a single moment before starting to improve the world".
- To all from Devinder Sharma: "Everything you've ever wanted is on the other side of fear".
- To all from Sanjay Dhar: "Dream big and dare to fail".
- From K K Gupta to all: "You may be disappointed if you fail, but you are doomed if you don't try".
- To all from Geeta Rani: "Life is 10% what happens to me and 90% of how we react to it".
- From Varun Abrol to all: "It does not matter how slowly you go as long as you do not stop."
- From Saksham Puri to all: "When everything seems to be going against you, remember that the airplane takes off against the wind, not with it".
- From Dara Singh to all: "Too many of us are not living our dreams because we are living our fears."
- From Abhi Khullar to all: "We have learned over the years that when one's mind is made up, this diminishes fear".
- From Suhani Mahajan to all: "If you're offered a seat on a rocket ship, don't ask what seat! Just get on".
- To all from Vikram Sabharwal: "If you look at what you have in life, you'll always have more. If you look at what you don't have in life, you'll never have enough".
- To all from Risabh Raina: "Dreaming, after all, is a form of planning".

**BEST MESSAGE**

The award of rupees 300 for this week's best message has gone to RAMESH KUMAR RAINA, R/o H.NO.-28/1, MODEL TOWN, GANGVAL, JAMMU-10, CONTACT:9419630007 for the message "The best and most beautiful things in the world cannot be seen or even touched - they must be felt with the heart".

Congrats. The prize money would be sent online/Paytm. The Contestants are requested to send their mobile numbers, as the winner will be intimated through SMS

Cut it Here

**CIPHER-DECIPHER  
MESSAGE CHIT**

Name.....

Address.....

Message.....

Cut it Here

**OUR MESSAGE**

- Please do mention pin code number of areas while sending your message to EXCELSIOR.
- Your message must reach us by Friday evening.
- To send your message, use CIPHER-DECIPHER message chit.
- Your entries should be brief and original. We use those messages devoid of hurting the sentiments of the people.
- Out of the messages we receive, one of the message is selected for the award.

HARESH SINGH

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